

# What About Me?

Provides children an opportunity to:

- Explore their feelings about divorce.
- Learn ways to manage their new family structure.
- Manage tension felt by many children going through a family crisis.



Court of Common Pleas  
Division of Domestic Relations  
Lake County, Ohio

**Judge Colleen A. Falkowski**

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# What About Me?

An Educational  
Program for Children



**Judge Colleen A. Falkowski**

Lake County Domestic Relations Court

# What About Me?

For children in grades 1 through 5.

Divorce is a very stressful time for everyone in the family. When parents decide not to live together anymore, children may feel uncertain about their future. Children do not always grasp that the divorce is not their fault. They need reassurance that living between two loving homes is manageable.

## The WHAT ABOUT ME? program:

- Provides age appropriate activities to help children feel more reassured about their experience with divorce.
- Helps children identify common feelings related to divorce and learn ways to manage them.



# Who Must Attend:

The Lake County Domestic Relations Court requires parents to enroll their children in this program.

The parents receive notification from the Court to register.

## LOCATION:

Holden University Center  
Directly across from the entrance of Lakeland Community College, on the northwest corner of S.R. 306 and Kirtland Road, in Kirtland

## TIME:

The class is for children in grades 1 - 5 and is scheduled once each month on Saturday from 10:00 am to 11:30 am.

Call the Court's Deputy Bailiff at: 440-350-5824 to register your children for this valuable opportunity.

Parents are asked to bring photo identification and sign children in and out. Children are expected to be dropped off and picked up on time.

# In Our Children's Best Interest...

- Reassure children they are not a cause of the divorce.
- Keep children out of the middle of conflict.
- Encourage children to enjoy extra-curricular activities with both parents present.
- Support children in their love for both parents.
- Show strength in the face of crisis.
- Reassure children they are loved and will be okay despite the divorce.

